Illinois Department of Public Health (IDPH) Illinois Suicide Prevention Alliance

Approved August 23, 2017

May 10, 2017
10:00am - 2:30pm
Video Conference
Chicago - James R. Thompson Center
100 West Randolph Street, Floor 14, ISBE Board Room / V – Tell
Belleville IDOH 1220 Centreville Ave, Floor 2
Springfield – IDPH, One Natural Resources Way, Floor 2 Lake Level
Audio Conference Dial-in #: 1-888-494-4032 Access Code: 263.1052.766#

AGENDA

- I. Welcome & Roll Call and Introductions
- II. Review and approval of February 7, 2017 meeting minutes accepted and approved;
- III. Update of ISPA leadership positions and member vacancies
 - a. Co-Chair positions
- IV. Overview of federal suicide prevention grant proposal
- V. Discussion about re-energizing suicide prevention efforts
- VI. Review and approval of 2015 2016 annual report*
- VII. Break
- VIII. "13 Reasons Why" Discussion how are communities providing resources
- IX. Workgroup updates
 - a. Community Awareness Workgroup
 - b. Data Workgroup
 - c. Education and Training Workgroup
 - d. Service Members, Veterans and their Families Workgroup
 - e. State Agency Support and Review Subcommittee
- X. Set FY-18 meeting dates
- XI. Announcements

Welcome

Patricia Reedy (Facilitator) welcomed and thanked everyone for attending the conference.

Roll Call / Introductions

Appointed Members in Attendance

Excused

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Eric Davidson	Illinois Higher Education Center	Phone	
	Representing service members, veterans and		
Mariann Blacconiere	their families	Chicago	
	American Foundation for Suicide Prevention –		
Steve Moore	Greater Chicago/Illinois Chapter	Chicago	
Mary Nigma	Survivor of Suicide	Phone	
Marcus Hall	Representing Mental Health Consumers		X
Olivia Johnson	Researcher in Suicidology	Phone	
Chuck Johnson	Illinois Hospital Association	Springfi	
		eld	

Ex - Officio Members in Attendance

Jessica Gerdes	Illinois State Board of Education		X
Mary Ratliff	Illinois Criminal Justice Information Authority	Springfield	
Brian Kieninger	Illinois Department of Public Health (IDPH)	Phone	
Patricia Reedy	IDHS/Division of Mental Health (DMH)	Chicago	
Jennifer Martin	IDPH	Springfield	

Stakeholders in Attendance

- Chicago
 - o Stan Lewy Suicide Prevention Association
 - Suzanne McLone Injury Prevention and Research Center at Ann & Robert H. Lurie Children's Hospital of Chicago – Illinois Violent Death Reporting System
- Springfield
 - o Megan Cambron Bob Michel Community Based Outpatient Clinic
 - o Tom Miller Veteran's Liaison DMH
- o Belleville
 - o (No attendees)
- Phone
 - o Angelica Hernandez, IDPH-School Health
 - o Jessica O'Leary, Office of the Attorney General
 - o Andrea Palmer IDPH-Maternal, Child and Family Health
 - o Kit Speirs, ArmyOne Source
 - o Debbie Thomas, Centerstone

Review & Approval of Previous Meeting Minutes

 Copies of the minutes were distributed prior to the meeting; there were none opposed and no amendments to the February 7, 2017 meeting minutes; consensus was obtained to accept and approve the meeting minutes.

Update of ISPA leadership positions and member vacancies

- Nominations were opened for the Chair and Co-Chair positions (State and Non-State Agency); Patricia Reedy was nominated to continue as the Co-Chair representing a state agency of ISPA and was acknowledged for her past service and dedication to ISPA; Steve Moore was nominated as Co-Chair representing a non-state agency; Stan Lewy was acknowledged for his continued service as a previous nominee, Stan withdrew his nomination and nominated Steve for the positon;
- The vote was opened and nominations were approved by attendees, there were none opposed to the nominations and Patricia and Steve accepted the nominations as Co-Chairs, respectively;
- o Representation for emergency medical services and firefighter staff are still being solicited;

Overview of Federal Suicide Prevention Grant Proposal – Patricia Reedy

See Power Point – "Illinois Suicide Prevention Grant – The Basics"

Discussions regarding ISPA being the Advisory Committee if the grant is approved for Illinois and the source of training that would be used; A formal motion was made and all members were favor of ISPA serving as the advisory committee if IDHS/DMH is awarded funding.

- A \$1.4M grant over 3 years (\$467,000.00 per year) for Suicide Prevention was submitted in April 2017;
- Evidence based training QPRT and ASIST identified for use with the grant; availability of on-line training for clinicians and other staff members;
- Possible improvements to answering calls for Lifeline; more capacity is needed in the Illinois Call Center;
- Other options to improve/energize ISPA's efforts (see page 6 of the Power Point presentation);
 - Stakeholders making post discharge calls;
 - Identifying free training;
 - Planning and publicizing 2 suicide prevention conferences;
 - Encouraging hospitals to train on Zero-Suicide program and partnering with Centerstone;

Summary of the injury and violence prevention strategic plan – Jennifer Martin

- The Illinois Injury Control Implementation (IICIG) is re-convening to advance injury prevention efforts in Illinois. The IICIG chair met with the ISPA co-chairs to ensure each were aware of the other's efforts. Though "injury" encompasses both unintentional and intentional injuries, most of the public doesn't associate violence when they think about injury and also doesn't tend to think about suicide. For this reason, the IICIG decided their mission statement would include "injury, violence and suicide" to reflect everyone working in the injury prevention field. Their efforts will complement the work of ISPA. ;
- The IICIG has several committees. One for policy and another for data and surveillance. In addition to a strategic planning committee whose task is to revise the statewide injury prevention strategic. The plan will address many overarching domain which impact everyone in the injury prevention field. It also is anticipated there also will be topic specific objectives, especially around the priority areas under the IDPH injury prevention grant: child maltreatment, intimate partner violence and sexual violence, motor vehicle crashes and traumatic brain injury.

<u>Legislation Updates – Steve Moore</u>

- o American Foundation for Suicide Prevention's Advocacy Day was yesterday.
- Senate Bill pending: Legislature regarding training and education for SW's, Counselors, Parents and Psychologists for children in grades 7-12; this legislature amends the school code with regard to training to identify the warning signs of mental illness and suicidal behavior, requires all personnel (rather than specific personnel) to undergo the training annually; beginning with the 2017-2018 school year, requires this training to include a school district's policy on suicide awareness and prevention and makes related changes effective immediately; Kindergarten training will be scheduled annually and extends to all school personnel;
- Senate Bill pending: Legislature amends the school code and provides that required training in suicide awareness and prevention techniques shall last at least 2 hours; allows the State Board of Education, by rule to provide for the training to be included as a continuing professional development requirement under the Code; no funding is attached to the Bill;
- Senate Bill pending: Anti Bullying law in process Legislature regarding distribution of policy within the school to teachers and students:
- The previous legislation on solitary confinement is on hold for now.

Discussion about re-energizing suicide prevention efforts – Patricia Reedy

See Power Point – "Suggested FOCUS for ISPA Work FY2018"

Patricia Reedy met with several workgroup chairs to discuss strategies to address perceived loss of momentum. Two lists of things to focus on were presented. A list of things to focus on if Illinois receives one of the federal grants, versus a list of things if not funded. Summary of suggested foci:

- With no more resources that we have now:
 - o Implement CALM training in as many settings as possible
 - o Research and apply for private funding
 - Comb through grant's program development (and other documents) for SP activities that don't require money
 - Spread the word on:
 - High risk of post discharge period
 - o Caring calls
 - o (Can ISPA stakeholders make these calls for some hospitals?)
- With more resources than we have now:
 - Function as SPEAKOUT Advisory Council
 - o Plan and publicize two suicide prevention conferences
 - Help populate local (southern IL) advisory council
 - Advocate/spread word
 - Spread word about local trainings
 - o Lifeline Enhancement presentations & other info sharing

IDPH Leadership Support for ISPA

Members discussed talking to IDPH leadership regarding projected data for - death by suicide;

Presentation of data for death by suicide rates over the last 15 years and projections to IDPH
 Leadership for additional support and budget considerations;

Action Item

- Refer to **Olivia** for related data reports;

Review and approval of 2015 - 2016 annual report

 The final draft of the annual report was shared, recommended changes and edits were completed and reviewed; motion to approve the amendments was Moved and 2nd; consensus was in favor, no oppositions or abstains;

Break

13 Reasons Why Discussion

Discussions regarding the web television series - 13 Reasons Why

- o Suicide Prevention community concerns; resource centers tools for discussion;
- o The impact of the series on at risk youth; binge watching, bullying and sexual assault issues;
- Increasing awareness about the Lifeline #; noticeable increase in crisis calls and Suicide
 Prevention Resource Center website visits for people in crisis or close to crisis;
- Some of the efforts being made by communities and schools to provide resource information to parents and students;
- o The Lifeline telephone number currently being used as the title of a Rap Artist's song;

Action Item

- Making sure other departments such as C&A receive information regarding the uptick in calls with respect to suicide;
- Following up with resource information related to the web series;

Workgroup updates:

Community Awareness Workgroup

o No attendance for April 2017 meeting and no report;

Data Workgroup

- Vacancy for Chair position of the Data Workgroup;
- o The committee reviewed data for inclusion in the annual report and updates from partners.
- o IDPH Office of Women's Health released an infograph on youth suicide and attempts.
- The Illinois Violent Death Reporting System (IVDRS) received funding from the Joyce Foundation to collect data and release a data report.
- o Dear Colleague letters for Congressman for national funding was distributed
 - o National Prevention Network has a letter to promote the Violent Death Reporting System
 - o Safe States Alliance has a letter to promote core injury prevention efforts

Patricia Reedy acknowledged how helpful the Center for Health Statistics was, providing data for the recently submitted Suicide Prevention grant;

Education and Training Workgroup

- o No attendance for April 2017 meeting; no report;
- Vacancy for the Chair position of Education and Training Workgroup;
- Looking for small group with skill, ability and training to offer; initially group was using a
 conference style approach; looking for group to provide a day of general sessions, a day of skill
 building; KPR assists in training for gatekeepers, clinicians and hosts; intervention of 2-3
 trainings that could be offered;

Action Item

- **Patricia Reedy** will investigate collaboration with partners; another grant to Cook County with Technical Assistance resources might be available, group should consider identifying the type of TA and training for staff, ISPA would like to have;

Service Members, Veterans and their Families Workgroup

See Power Point - Illinois Delegation Implementation Academy March 22 - 23, 2017:

"What action items will expand SMVF suicide prevention and peer outreach and engagement within communities:

- o Building local support by:
 - Connecting Veteran support Community Networks with MyVA communities
 - Engaging Stakeholders
 - Close service gaps and do suicide prevention, helping veterans
 - Using a population based approach
 - Organizing communities
 - Holding workshops with social service agencies and offering CE credits

Action Item

- If you'd like to help please e-mail Tom at - thomas.miller@illinois.gov

State Agency Support and Review Subcommittee

o Refer to Overview of Federal Suicide Prevention Grant Proposal

FY-18 meeting dates

- o Quarterly meetings are scheduled for:
 - **August 2017** week of 21st
 - **November 2017** week of 13th
 - **February 2018** week of 5th
 - **May 2018** week of 7th
- o Discussion regarding looping in another location in Southern Illinois for the ISPA meeting;

Announcements

- A new Chapter is being started in Springfield the group will be looking at different awareness and fundraising opportunities;
- o There is an Adams County Suicide Prevention grant for \$12,445.00;
- Ellie's Boutique is holding a fashion show to raise funds for a Teen Suicide Prevention Campaign;
- Professional training program will be held on September 8, 2017 Youth Suicide Prevention Best Practice System of Care;
- o Behavioral and Health response Initiatives; there are 8 MHC's that participate on the committee to plan these events;
- -Thank you, to everyone for your attendance and participation.
- -Meeting adjourned 2:11pm.
- -The next meeting is scheduled for August 2017 from 10:00am 2:30pm.
- -Minutes drafted by Cynthia Liberty.